



- Contacted
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- House Tour

## Volunteer Application Form

All information will be kept confidential within our agency. It is for our records only and to ensure your appropriate placement within the organization

Date:

Name:

Address:

City:

Postal Code:

Date of Birth:

Primary Phone:

**Why are you interested in volunteering with Harmony House?**

**How did you hear about Harmony House and what do you know about our agency?**

What is your understanding of the following terms?

a) Oppression:

b) Racism:

c) Feminism:

What are your feelings towards LGTBI women?

What experience do you have with "World Majority Women" (Minority Women)?

Do you speak any languages other than English?

Past volunteer experience:

Special skills and anything else you would like us to know:

## Volunteer Areas of Interest

(Please select the task you would be interested in helping with)

- **Childcare ( Monday 5:30 p.m.-8 p.m., the first Monday of every month & every other Wednesday)**
  - Includes watching and playing with residents' children during the times when programs are being run
- **Foodbank (First and third Thursday of every month, 9:30 a.m.-11:30 a.m.)**
  - Accepting the foodbank deliveries and organizing the food for the women, with a team
- **Cleaning/Organizing**
  - Occasional, with women and children coming and going we need help preparing units for the next family (setting up gift baskets, pillows, towels, etc.)
  - Other tasks that require help, organizing donations, play room toys, etc.
- **Community Kitchen (first Monday of every month)**
  - This is when we hold our monthly house meeting for residents, and during this time we provide a fresh home-cooked meal to our residents. We tend to rotate the volunteers given the large task that it is. Community Kitchen provides a cooked meal for approx. 20-25 people, which is usually prepared at home and brought to the house the night of. The volunteer is completely reimbursed for the meal. It is a way for the women to share interests with members of the community in a safe space.

## Availabilities

Monday	Time _____
Tuesday	Time _____
Wednesday	Time _____
Thursday	Time _____
Friday	Time _____